



Whiston
Junior & Infant School

1st May 2019

Dear Parents and Carers,

RELATIONSHIPS AND SEXUAL HEALTH EDUCATION (RSHE) & NSPCC PANTS

This letter is to inform you about the RSHE and safeguarding curriculum that will be taught to your child's class next term (Week commencing 3rd & 10th June). This is a valuable part of children's education and all children will benefit from a clear and coherent programme of RSHE and learning how to keep them safe. Our policy and scheme has been drawn up by staff and governors in consultation with parents.

We have also emailed you this letter and our scheme of work, which is fully consistent with Rotherham's Healthy Schools recommended programme and the DfE guidelines on teaching RSHE. Our framework for teaching RSHE is set within the context of developing loving relationships, family and emotional well-being. It is taught through a whole range of means including circle time, DVDs, discussions, class activities.

Although **you have the right to withdraw your child** from parts of the RSHE curriculum which are not included in the science national curriculum (**from Y4 upwards**), we would strongly urge that you support the programme and encourage your child to participate fully in lessons. It is vitally important that your child receives clear and relevant information rather than picking up playground gossip. Teachers are fully aware of the need for religious, family and cultural sensitivity and respect the backgrounds of all our children.

Additionally, Year 1 – Year 6 classes will be learning about the **NSPCC's Underwear Rule** in their PSHE lessons. During these lessons we will aim to teach children the following important safety skills, without giving explicit information or telling scary stories. We will be teaching children the NSPCC's Underwear Rule, using the '**PANTS**' acrostic, which is like a green cross code for staying safe from sexual abuse.



Whiston Junior and Infant School, Saville Road, Whiston, Rotherham, South Yorkshire, S60 4DX

Tel: 01709 828189 Fax: 01709 828189 Email: whiston.junior-infant@rotherham.gov.uk Web: www.whistonjunior-infant.co.uk

Whiston Junior and Infant School is part of White Woods Primary Academy Trust. White Woods Primary Academy Trust is an exempt charity regulated by the Secretary of State for Education. It is a company limited by guarantee registered in England and Wales (Company Number 8589470), whose registered office is at Whiston Worrygoose J&I School, Hall Close Avenue, Whiston, Rotherham, S60 4AG



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PANTS stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

The lessons will introduce a range of ideas, all delivered in a way that's fully age-appropriate. These include:

- "appropriate" and "inappropriate" touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body
- who your child can turn to if they ever feel upset or worried.

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with your child's school, more information can be found at nspcc.org.uk/underwearrule.

If you have any questions or concerns, please speak to your child's class teacher or arrange a meeting with me: whitangell@rgfl.org

However, if you would **prefer us not to discuss these matters with your child, please let your child's teacher know by completing the slip below and returning it to school by Friday 24th May.**

I have also attached the PANTS resources to the email, to help you understand what we will be covering and to support you if you would prefer to discuss the rule with your child yourself at a later time. Our full RSHE Policy is included on the school's website and it has also been sent out as an attachment but if you prefer a paper copy, this can be requested by asking staff in school office.

PLEASE NOTE: We will include all children in our RSHE lessons and introduce the PANTS, unless you inform us differently by Friday 24th May.

Thank you for your support.

Kind regards,

Mrs Tina Angell
Head Teacher



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SCHEME OF WORK FOR RELATIONSHIPS AND SEXUAL HEALTH EDUCATION (RSHE) AT WHISTON JUNIOR AND INFANT SCHOOL (SUMMARY)



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Children learn about RSE as part of their personal, social and health education. RSHE is not isolated but is taught within the framework of caring relationships, families, friends, values and responsibility. A whole range of teaching approaches are used which will allow children to learn in a caring and sensitive way. Teachers are sensitive to religious, cultural and family values and ensure that all children's backgrounds and experiences are recognised and valued. The scheme of work is progressive and the learning in each year group builds on previous learning.

FS2/RECEPTION

- The uniqueness of me, similarities between myself and others
- Naming external parts of the body – hands, feet, arms, legs, eyes, chin etc
- Caring for babies – what do they need? Visit from new baby if possible

YEAR 1

- The beginning of life – animals, plants and me
- Growth in people, animals and plants

YEAR 2

- Naming body parts, including sex organs of penis, vagina, breast
- Changes as we grow. How have I changed from a baby to now? Physical changes and changing responsibility for self and others
- Ageing - how do we know things are alive, dead, you, old?

YEAR 3

- How babies begin and are born. How they grow (doesn't include sexual intercourse)
- How babies of different animals grow inside or outside their mothers' bodies
- How have I grown? Baby, toddler and recent photos – compare
- How will I grow in the future?

YEAR 4

- Locate and name the parts of the body including sex organs – boy and girl
- The main stages of the human life cycle
- Emotional and physical changes in puberty
- Growing up – menstruation, coping with first period, sanitary protection

YEAR 5

- Recap on emotional and physical changes in puberty
- Recap on menstruation
- How a baby is conceived – stressing the importance of an established, loving relationship
- The birth of a baby

YEAR 6

- Knowledge that pregnancy can be prevented through use of contraception (no detailed teaching about contraception)
- Revision of RSHE as necessary and dealing with pupil questions

Please note:

- Correct vocabulary will be taught for body parts. Whilst it may be appropriate to use nicknames for body parts at home, in school it is essential to learn and use the correct terminology. This ensures universal understanding, clarity, respect and manners
- In KS2 some classes may be delivered in single sex groups
- Classes will establish a set of agreed ground rules to be followed during RSHE sessions



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PLEASE NOTE:

If you are happy for your child to take part in the RSHE and NSPCC PANTS lessons at school, you do not need to do anything.

Only complete the slip below if you **do not want** your child to take part in the **RSHE** lessons (**Y4 upwards**) and/or the **PANTS** lessons (**Y1 - Y6**) and return to school **no later than Friday 24th May 2019**.

Please detach either of the slips below and return to school

.....
I, **do not** wish my child

in year, to be part of the Relationships and Sexual Health Education (RSHE) lessons (**Return no later than Friday 24th May 2019**).

.....
I, **do not** wish my child

in year, to be part of the NSPCC PANTS lessons (**Return no later than Friday 24th May 2019**).



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